

**Lynchburg City Schools
Family Life Education
6th Grade OPT-OUT FORM**

In compliance with the state mandate, your child will be included in the Family Life Education lessons this school year unless you request otherwise on the form below. In order to exclude your child from any part of this program, you must: (1) complete the form below; (2) sign the form; and (3) return it to your child's teacher no later than _____.

A summary of the Family Life Education Standards of Learning is listed below. To view a copy of the Family Life Education curriculum, please visit this website: <https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education>

PLEASE NOTE: You do not need to return this form unless you are opting your child out of participating in Family Life Education lessons

If you wish to opt your child out of the FLE curriculum, please complete as indicated below. Your child will then receive non-FLE-health instruction completed under teacher direction apart from the classroom.

_____ I do not want my child included in Family Life Education instruction.

Child's Name (Please Print)

Grade

Classroom Teacher's Name

Parent/Guardian Signature

Date

SIXTH GRADE

- 6.1 The student will understand personal hygiene practices and the physical changes that occur during puberty.
- 6.2 The student will explain the effects of growth on development, attitudes and interests.
- 6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.
- 6.4 The student will recall basic facts about sexually transmitted infections.
- 6.5 The student will be able to describe the etiology, effects, and transmission of HIV.
- 6.6 The student will summarize the process of human reproduction and the benefits of postponing premarital sexual activity.
- 6.7 The student will describe personal characteristics that can contribute to happiness for self and others.
- 6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.
- 6.9 The student will become aware of community healthcare and safety agencies and their functions.
- 6.10 The student will explain the effects of substance use and abuse on the individual, family, school, and society.
- 6.11 The student will evaluate the messages from mass media related to sexuality and gender stereotyping.
- 6.12 Students will explain laws protecting children from inappropriate and abusive behavior of others, including human trafficking.
- 6.13 The student will apply decision-making skills in problem-solving and in determining the possible outcomes of his or her decisions.