

**Lynchburg City Schools
Family Life Education
Kindergarten OPT-OUT FORM**

In compliance with the state mandate, your child will be included in the Family Life Education lessons this school year unless you request otherwise on the form below. In order to exclude your child from any part of this program, you must: (1) complete the form below; (2) sign the form; and (3) return it to your child's teacher no later than _____.

A summary of the Family Life Education Standards of Learning is listed below. To view a copy of the Family Life Education curriculum, please visit this website:

<https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education>

PLEASE NOTE: You do not need to return this form unless you are opting your child out of participating in Family Life Education lessons

If you wish to opt your child out of the FLE curriculum, please complete as indicated below. Your child will then receive non-FLE-health instruction completed under teacher direction apart from the classroom.

_____ I do not want my child included in Family Life Education instruction.

Child's Name (Please Print)

Grade

Classroom Teacher's Name

Parent/Guardian Signature

Date

Kindergarten Family Life Education SOLs

- K.1 The student will experience success and positive feelings about self.
- K.2 The student will experience respect from and for others.
- K.3 The student will become aware of the effects of his or her behavior on others and the effects of others' behavior on himself or herself.
- K.4 The student will recognize that everyone is a member of a family and that families come in many forms.
- K.5 The student will identify members of his or her own family.
- K.6 The student will develop an awareness of positive ways in which family members show love, affection, respect, and appreciation for each other.
- K.7 The student will realize that physical affection can be an expression of friendship, of celebration, or of a loving family.
- K.8 The student will recognize the elements of good (positive or healthy) and bad (negative or unhealthy) touches by others.
- K.9 The student will demonstrate how to say "no" to inappropriate approaches from family members, neighbors, strangers, and others.
- K.10 The student will identify "feeling good" and "feeling bad."
- K.11 The student will find help safely.